



# Ella Rose Fund

**Talking Therapy for people in the age group between 18 and 30 suffering from EUPD**

## Ella

The Ella Rose Fund is named after a loving young woman, sister, friend, and daughter, who tragically lost her life in October 2020 after her struggle and battles with Emotionally Unstable Personality Disorder [EUPD]. Since the death of Ella, The Ella Rose Fund has been set up to help young people who are struggling with mental health problems to survive and thrive.



## How will we help?

The fund's main purpose is to help 18 to 30 year olds with EUPD to access talking therapies.



## When will we help?

This group of young people are at a critical time in their lives and we believe that they do not always receive the care and support that they need. Our fund will be open to applications that are outside the primary focus but closely aligned.



## What do we do?

We receive donations from individuals and organisations then direct those funds through Quartet Community Foundation to applicants who fit the above criteria. We need your donation to help shape a life.

## Donate

[ellarosefund.uk/donate](http://ellarosefund.uk/donate)

Let's get better at understanding mental illness.

Every donation could help save a young person's life.

Registered Charity Number 1080418